



SCIAA Newsletter

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SHELBY COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION

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Upcoming Events

- April 24th-SCIAA Spring AD Meeting
- April 26th-SCIAA Middle School Soccer Championship
- April 28-29th-SCIAA Track & Field Championships
- May 1-6th-SCIAA Middle School Baseball & Softball Championship
- May 2nd-SCIAA High School Soccer Championship
- May 18th-SCIAA Athletic Banquet of Champions

Empowering Leaders in Competitive High School Sports Programs

NFHS For You-Coaches By Doug Phillips on March 16, 2017

One of the biggest challenges that a new or young coach to interscholastic athletics must face is leadership development. It is a required skill that, if done correctly, is a 12-month job.

Coming into a new program, or maybe dealing with a struggling program, is a golden opportunity to perfect the craft. With an open mind, a good dose of humility, and some willingness to take risks, coaches may find it to be the most enjoyable aspect of coaching.

At Colts Neck (New Jersey) High School, developing a successful girls soccer program took years of hard work. For us, the determination to move in a new direction and achieve our potential began after suffering a few seasons of failure. After much self-reflection, we finally recognized our lack of success was due to weak student leadership and team drama. At that point in time, we had tried everything to select captains. We had the team choose captains, had the team vote on coaches' nominees, and had the coaches select captains based on preseason performance and attitude. None of these methods seemed to work and left us scratching our heads as to what we were missing.

We proceeded to research and educate ourselves on leadership development. What we soon realized was that we were not really "developing leaders," but rather "choosing captains." After looking at a wide variety of sources, ranging from sports publications to corporate based articles, we began to realize this topic went deep to the core of our program. In a very humbling moment of realization, we concluded that we had no team identity.

We immediately devised an action plan to develop strong leaders, set strong boundaries, and to establish a simple team philosophy. It was agreed that once we committed to this, there was no wavering from these beliefs or the program would crumble. Lastly, we determined that our leaders were handicapped by the coaches naming them at the beginning of a season. It had proved very difficult to be

thrown into a leadership position and command immediate respect from teammates. Our leaders needed to be empowered long before the start of the season so that the respect was already in place.

Prior to making any decision as captains, they must ask themselves, "What is best for the team?" Over the years since we have made our philosophical changes and implemented a leadership development game plan, and developed a team unity that is highly respected by the faculty, administration, and other coaches – some of whom have adopted our philosophies. Implementing this new philosophy and team mindset has helped us achieve many titles and, along the way, has empowered young women to become strong leaders.

The process starts the first day of freshman year. The coaching staff and current team captains are making observations and communicating from day one. We assess attitude, body language and how other players gravitate towards natural leaders.

In the early stages, we find it best to look for leaders by example. Most obvious are those players that are moved up a level as, naturally, they are viewed by teammates as "better" players. This immediately presents the coaching staff with an opportunity to watch how players react to the selection process. We observe the attitude of both the players that are moved up a level, as well as those that remain on the freshman team. We regularly communicate with the current captains about the climate in the locker room and on social media. The Colts Neck girls soccer program has a strict, zero-tolerance social media policy. The captains are empowered to monitor that this rule is respected by the younger players.

A big part of our leadership development process is carried out in annual "exit interviews" at the conclusion of the season. These interviews are geared towards the identification of weaknesses

and areas of improvement. They also serve as the perfect opportunity to "plant the seed" for a potential future captain. In our experience, this step is critical at the end of sophomore year as those incoming juniors are the pool of leaders for next season. The coaches and current captains must closely monitor and communicate about to the juniors their attitude and potential.

The ultimate shift that changed everything was the switch to naming captains immediately at the end of the fall soccer season. The new captains are named by the coaching staff with input from captains in place. The new captains assume their responsibilities at a "Passing the Torch" ceremony that occurs at the end-of-season team meeting. This is an emotional experience as the captains and rest of the senior class are asked to leave the room while the new captains and returning players continue the meeting, ultimately culminating in a captains/coaches-only-meeting.

The new captains' responsibilities begin immediately, varying from assisting in uniform collection and inventory, to attending freshman orientations, and helping organize the end-of-season banquet and fundraisers. Captains handle 100 percent of the communication with players through the coaching staff in the offseason. This helps to empower our captains over the next nine months and allows the rest of the team to see the captains in a leadership role.

The biggest payoff comes in the following preseason. Our young leaders can now confidently step on the soccer pitch having the respect of the team and our longstanding traditions behind them. Colts Neck's philosophy is simple: "No one person is greater than the team." The primary duty of the Colts Neck captains is to ensure this pact is never broken. This requires total humility on behalf of the captains and an unwavering commitment to place team principles before individual personalities – specifically their own.

SCIAA High School Events for April 24th – 30th, 2017

Date	Time	Sport	Opponents/Title	Facility
4/24/2017	4:00 PM	Baseball	Whitehaven High @ Central High	Tobey Legion Field
4/24/2017	4:00 PM	Boys Tennis	Arlington High @ Bolton High	Freeman Park
4/24/2017	4:00 PM	Softball	Raleigh Egypt @ Manassas High	Raleigh Egypt
4/24/2017	4:00 PM	Girls Tennis	Arlington High @ Bolton High	Freeman Park
4/24/2017	4:30 PM	Baseball	Middle College High @ Raleigh Egypt	Raleigh-Egypt Baseball
4/24/2017	4:30 PM	Soccer	Douglass High @ MBA	Rodney Baber Park
4/24/2017	4:30 PM	Softball	Bolton High @ Cordova High	Bolton High
4/24/2017	4:30 PM	Softball	Wooddale High @ Germantown High	Germantown Softball Field
4/24/2017	4:30 PM	Softball	White Station High @ Melrose High	Tobey #3
4/24/2017	4:30 PM	Softball	Houston High @ Ridgeway High	Ridgeway Softball Field
4/24/2017	5:00 PM	Baseball	Booker T. Washington @ Mitchell High	Mitchell High Baseball Field
4/24/2017	5:00 PM	Baseball	Kingsbury High @ Arlington High	ARLINGTON HS
4/24/2017	5:00 PM	Baseball	Craigmont High @ Westwood High	Westwood Baseball Field
4/24/2017	5:00 PM	Baseball	Sheffield High @ Trezevant High	Trezevant High School
4/24/2017	5:00 PM	Baseball	MSE @ MAHS	Craigmont Baseball Field
4/24/2017	5:00 PM	Baseball	Fairley High @ Southwind High	Southwind Baseball Field
4/24/2017	5:00 PM	Baseball	Oakhaven High @ Hillcrest High	Oakhaven Baseball Field
4/24/2017	5:00 PM	Baseball	Bolton High @ Overton High	Jesse Turner Field
4/24/2017	5:00 PM	Soccer	Wooddale High @ Ridgeway High	May ?
4/24/2017	5:00 PM	Soccer	MASE @ Whitehaven High	Whitehaven Stadium
4/24/2017	5:00 PM	Soccer	Raleigh Egypt @ MSE	Nuestra Vida Church
4/24/2017	5:00 PM	Soccer	FACS @ Power Center Academy	May Field
4/24/2017	5:00 PM	Soccer	Overton High @ Central High	Crump Stadium
4/24/2017	5:00 PM	Softball	Power Center Academy @ Oakhaven High	Oakhaven Softball Field
4/24/2017	5:00 PM	Softball	MSE @ MAHS	Kennedy #2
4/24/2017	5:00 PM	Softball	Sheffield High @ Fairley High	Carruthers #1
4/24/2017	5:00 PM	Softball	Booker T. Washington @ Mitchell High	Carruthers #4
4/24/2017	5:00 PM	Softball	Trezevant High @ Douglass High	Kennedy #1
4/24/2017	5:00 PM	Softball	Craigmont High @ Westwood High	Westwood Softball Field
4/24/2017	5:30 PM	Softball	Manassas High @ Raleigh Egypt	Raleigh-Egypt Softball Field
4/24/2017	6:00 PM	Softball	Cordova High @ Bolton High	Bolton Softball
4/24/2017	7:00 PM	Baseball	Cordova High @ Northpoint Christian School	Northpoint Christian School
4/24/2017	7:00 PM	Soccer	Sheffield High @ Southwind High	Southwind Soccer Field
4/24/2017	7:00 PM	Soccer	Millington High @ Bolton High	Bolton Soccer Field
4/25/2017	4:00 PM	JV Baseball	White Station High @ Germantown High	Red Devil Field
4/25/2017	4:00 PM	Baseball	MAHS @ Kirby High	Kirby Baseball Field
4/25/2017	4:00 PM	Baseball	Middle College High @ East High	East Baseball Field
4/25/2017	4:00 PM	Baseball	Melrose High @ Central High	Tobey Legion Field
4/25/2017	4:00 PM	Baseball	Douglass High @ Southwind High	Southwind Baseball Field
4/25/2017	4:30 PM	Baseball	Ridgeway High @ MLK Prep	MLK Prep Baseball Field
4/25/2017	4:30 PM	Baseball	Whitehaven High @ Cordova High	Cordova Baseball Field
4/25/2017	4:30 PM	Soccer	Sheffield High @ Raleigh Egypt	Raleigh-Egypt Stadium
4/25/2017	4:30 PM	Soccer	Ridgeway High @ White Station High	CBU
4/25/2017	4:30 PM	Soccer	St. Georges @ Kingsbury High	Kingsbury High School
4/25/2017	4:30 PM	Softball	Kingsbury High @ Cordova High	Cordova Softball Field
4/25/2017	4:30 PM	Softball	Power Center Academy @ Middle College	Middle College Softball Field
4/25/2017	4:30 PM	Softball	Hamilton High @ Central High	Tobey #2
4/25/2017	5:00 PM	Baseball	Trezevant High @ Fairley High	Fairley Baseball Field
4/25/2017	5:00 PM	Soccer	Westwood High @ MSE	Nuestra Vida Church
4/25/2017	5:00 PM	Softball	GRAD Academy @ Oakhaven High	Oakhaven Softball Field
4/25/2017	5:00 PM	Softball	White Station High @ Saint Agnes Academy	Saint Agnes Academy
4/25/2017	5:00 PM	Softball	Westwood High @ Sheffield High	Sheffield Softball Field
4/25/2017	5:30 PM	Baseball	FACS @ Bolton High	Bolton Baseball Field
4/25/2017	6:00 PM	Baseball	Central High @ Melrose High	Tobey Legion
4/25/2017	6:00 PM	Soccer	Craigmont High @ MASE	Melrose Stadium

SCIAA High School Events for April 24th – 30th, 2017 cont.

Date	Time	Sport	Opponents/Title	Facility
4/25/2017	6:00 PM	Softball	Briarcrest @ Bolton High / Sr. Night	Bolton Softball
4/25/2017	6:00 PM	Softball	Kingsbury High @ Cordova High	Cordova Softball Field
4/25/2017	6:30 PM	Baseball	White Station High @ Germantown High	Red Devil Field
4/25/2017	6:30 PM	Softball	Sheffield High @ Westwood High	Sheffield Softball Field
4/25/2017	7:00 PM	Soccer	Northpoint Christian @ Southwind High	Southwind Soccer Field
4/25/2017	7:00 PM	Soccer	BARTLETT HIGH @ Cordova High	Cordova High School
4/25/2017	7:00 PM	Soccer	Germantown High @ Collierville High	Collierville HS
4/26/2017	3:30 PM	JV Baseball	White Station High @ Harding	Harding Academy
4/26/2017	3:30 PM	Softball	Melrose High @ East High	East Softball Field
4/26/2017	3:30 PM	Softball	Sheffield High @ Raleigh Egypt	Raleigh-Egypt Softball Field
4/26/2017	4:00 PM	Baseball	Westwood High @ Manassas High	Manassas Baseball Field
4/26/2017	4:00 PM	Baseball	Whitehaven High @ Kirby High	Kirby Baseball Field
4/26/2017	4:00 PM	Baseball	Germantown High @ Southwind High	Southwind Baseball Field
4/26/2017	4:00 PM	Baseball	Wooddale High @ Overton High	Willow #1
4/26/2017	4:00 PM	Boys Tennis	Bolton High @ Kingsbury High	Raleigh Tennis Center
4/26/2017	4:00 PM	Girls Tennis	Bolton High @ Kingsbury High	Raleigh Tennis Center
4/26/2017	4:15 PM	Baseball	Kingsbury High @ Middle College High	Tobey Legion
4/26/2017	4:30 PM	Softball	Whitehaven High @ Central High	Tobey #2
4/26/2017	4:45 PM	Soccer	Power Center Academy @ Middle College	Fairgrounds Stadium
4/26/2017	5:00 PM	Baseball	Fairley High @ Sheffield High	Sheffield Baseball Field
4/26/2017	5:00 PM	Baseball	GRAD Academy @ Oakhaven High	Oakhaven Baseball Field
4/26/2017	5:00 PM	Baseball	Raleigh Egypt @ Trezevant High	Trezevant High School
4/26/2017	5:00 PM	Softball	Trezevant High @ MLK Prep	Kennedy #1
4/26/2017	5:00 PM	Softball	Manassas High @ Westwood High	Westwood Softball Field
4/26/2017	5:00 PM	Softball	Germantown High @ Houston High	Houston High*
4/26/2017	5:00 PM	Softball	East High @ Melrose High	
4/26/2017	5:00 PM	Softball	Fairley High @ Craigmont High	Kennedy #2
4/26/2017	5:00 PM	Softball	Raleigh Egypt @ Sheffield High	Raleigh-Egypt Softball Field
4/26/2017	6:00 PM	Softball	Overton High @ Collierville High	Collierville High
4/26/2017	6:30 PM	Softball	Craigmont High @ Fairley High	Kennedy #2
4/26/2017	6:30 PM	Softball	Westwood High @ Manassas High	Westwood High School
4/26/2017	6:30 PM	Softball	MLK Prep @ Trezevant High	Kennedy #1
4/27/2017	3:30 PM	Softball	Melrose High @ Overton High	Willow #2
4/27/2017	4:00 PM	JV Baseball	Germantown High @ Northpoint Christian	Northpoint Baseball Field
4/27/2017	4:00 PM	Baseball	Hamilton High @ Whitehaven High	Whitehaven Baseball Field
4/27/2017	4:00 PM	Baseball	East High @ Melrose High	Orange Mound Park
4/27/2017	4:00 PM	Baseball	Central High @ Craigmont High	Craigmont Baseball Field
4/27/2017	4:00 PM	Baseball	GRAD Academy @ MSE	Willow #1
4/27/2017	4:00 PM	Baseball	Ridgeway High @ Kirby High	Kirby Baseball Field
4/27/2017	4:00 PM	Boys Tennis	Bartlett @ Ridgeway High	Wolbrecht Tennis Center
4/27/2017	4:00 PM	Girls Tennis	Bartlett @ Ridgeway High	Wolbrecht Tennis Center
4/27/2017	4:30 PM	Baseball	Cordova High @ MHEA	
4/27/2017	4:30 PM	Softball	Overton High @ Melrose High	Willow #2
4/27/2017	4:30 PM	Softball	Kingsbury High @ White Station High	White Station Softball Field
4/27/2017	4:30 PM	Softball	Whitehaven High @ Germantown High	Germantown Softball Field
4/27/2017	5:00 PM	Baseball	Westwood High @ Douglass High	Douglass Baseball Field
4/27/2017	5:00 PM	Soccer	Sheffield High @ St. Benedict	Saint Benedict
4/27/2017	5:00 PM	Soccer	Central High @ Ridgeway High	May Field
4/27/2017	5:00 PM	Soccer	Brighton @ Power Center Academy	May Field
4/27/2017	5:00 PM	Softball	Booker T. Washington @ MAHS	Kennedy #1
4/27/2017	5:00 PM	Softball	Raleigh Egypt @ Fairley High	Carruthers #1
4/27/2017	5:00 PM	Softball	Middle College High @ Oakhaven High	Oakhaven Softball Field
4/27/2017	5:30 PM	Softball	White Station High @ Kingsbury High	White Station Softball Field
4/27/2017	6:00 PM	Baseball	Covington @ Bolton High	Bolton Baseball Field
4/27/2017	6:00 PM	Baseball	Whitehaven High @ Hamilton High	Whitehaven High School

SCIAA High School Events for April 24th – 30th, 2017 cont.

Date	Time	Sport	Opponents/Title	Facility
4/27/2017	6:00 PM	Soccer	Overton High @ Cordova High	Cordova Stadium
4/27/2017	6:30 PM	Baseball	Northpoint Christian @ Germantown High	Red Devil Field
4/27/2017	7:00 PM	Soccer	Evangelical Christian @ Germantown High	Farmington Elem
4/27/2017	7:00 PM	Soccer	Kingsbury High @ Houston High	Houston MS
4/27/2017	7:00 PM	Soccer	Southwind High @ Briarcrest	Briarcrest Complex
4/27/2017	7:30 PM	Baseball	White Station High @ Little Rock Central	Little Rock Central
4/28-29/2017	TBD	Softball	Coffee County Classic Bolton High	Manchester; TN
4/28/2017	4:00 PM	JV Baseball	Craigmont High @ Millington High	Miles Park
4/28/2017	4:00 PM	Baseball	White Station High @ M.H.S	Maumelle High School
4/28/2017	4:30 PM	Baseball	Cordova High @ FACS	FACS
4/28/2017	4:30 PM	Softball	FACS @ White Station High	White Station Softball Field
4/28/2017	4:30 PM	Softball	Central High @ Middle College High	Middle College Softball Field
4/28/2017	5:00 PM	Baseball	Fairley High @ Douglass High	Douglass Baseball Field
4/28/2017	6:00 PM	Baseball	Craigmont High @ Millington High	Miles Park
4/28/2017	7:00 PM	Soccer	Bolton High @ Bartlett	Bartlett High
4/29/2017	12:00 AM	Baseball	White Station High @ Watson Chapel	Watson Chapel
4/29/2017	12:00 PM	JV Baseball	Millington High @ Ridgeway High	Ridgeway Baseball Field
4/29/2017	2:00 PM	Baseball	Millington High @ Ridgeway High / Sr. Night	Ridgeway Baseball Field
4/29/2017	2:30 PM	JV Baseball	Germantown High @ Tipton Rosemark	Tipton Rosemark Academy
4/29/2017	3:00 PM	Soccer	Father Ryan @ Germantown High	Farmington Elem
4/29/2017	5:00 PM	Baseball	Germantown High @ Tipton Rosemark	Tipton Rosemark Academy

SCIAA Middle School Events for April 24th – 30th, 2017

Date	Time	Sport	Opponents/Title	Facility
4/24/2017	4:00 PM	MS Softball	Highland Oaks @ A. Maceo Walker Middle	A. M. Walker Softball Field
4/24/2017	5:00 PM	MS Baseball	Highland Oaks @ A. Maceo Walker Middle	A. M. Walker Baseball Field
4/24/2017	5:00 PM	MS Baseball	Bellevue Middle @ American Way Middle	American Way Baseball Field
4/24/2017	5:00 PM	MS Baseball	Westside Middle @ Memphis Grizzlies Prep	Kennedy #3
4/24/2017	5:00 PM	MS Baseball	Havenview Middle @ Hickory Ridge Middle	Hickory Ridge Baseball Field
4/24/2017	5:00 PM	MS Baseball	Sherwood Middle @ Hamilton Middle	Hamilton Baseball Field
4/24/2017	5:00 PM	MS Baseball	Germantown Middle @ Cordova Middle	Trinity Baptist Field
4/24/2017	5:00 PM	MS Softball	Sherwood Middle @ Hamilton Middle	Hamilton Softball Field
4/24/2017	5:00 PM	MS Softball	Havenview Middle @ Hickory Ridge Middle	Hickory Ridge Softball Field
4/24/2017	5:00 PM	MS Softball	Bellevue Middle @ American Way Middle	American Way Softball
4/25/2017	4:30 PM	MS Softball	Barrets Chapel @ Kate Bond Middle	Kate Bond Middle
4/25/2017	5:00 PM	MS Baseball	Raleigh Egypt @ Treadwell Middle	Treadwell Baseball Field
4/25/2017	5:00 PM	MS Baseball	Memphis Scholars @ Hickory Ridge Middle	Hickory Ridge Baseball Field
4/25/2017	5:00 PM	MS Baseball	Ridgeway Middle @ American Way Middle	American Way Baseball Field
4/25/2017	5:00 PM	MS Baseball	Bellevue Middle @ Hamilton Middle	Hamilton Baseball Field
4/25/2017	5:00 PM	MS Baseball	Colonial Middle @ Snowden Middle	Tobey #4
4/25/2017	5:00 PM	MS Softball	Colonial Middle @ Snowden Middle	Tobey #3
4/25/2017	5:00 PM	MS Softball	Bellevue Middle @ Hamilton Middle	Hamilton Softball Field
4/25/2017	5:00 PM	MS Softball	Ridgeway Middle @ American Way Middle	American Way Softball
4/25/2017	5:00 PM	MS Softball	Memphis Scholars @ Hickory Ridge Middle	Hickory Ridge Softball Field
4/26/2017	5:00 PM	MS Baseball	Hickory Ridge Middle @ Bellevue Middle	Tobey #4
4/26/2017	5:00 PM	MS Baseball	Memphis Grizzlies Prep @ Treadwell Middle	Treadwell Baseball Field
4/26/2017	5:00 PM	MS Baseball	Highland Oaks Middle @ Havenview Middle	Carruthers #1
4/26/2017	5:00 PM	MS Baseball	Sherwood Middle @ Raleigh Egypt	Raleigh-Egypt Baseball Field
4/26/2017	5:00 PM	MS Softball	Highland Oaks Middle @ Havenview Middle	Carruthers #2
4/26/2017	5:00 PM	MS Softball	Hickory Ridge Middle @ Bellevue Middle	Tobey #3
4/27/2017	3:30 PM	MS Baseball	White Station Middle @ Germantown Middle	Willow #4
4/27/2017	5:00 PM	MS Baseball	Raleigh Egypt @ Westside Middle	Raleigh-Egypt Baseball Field
4/27/2017	5:00 PM	MS Baseball	Memphis Scholars @ Bellevue Middle	Tobey #2
4/27/2017	5:00 PM	MS Baseball	Sherwood Middle @ Steam	Tobey #4
4/27/2017	5:00 PM	MS Softball	Barrets Chapel @ E.E Jeter	Forestview Church of Christ
4/27/2017	5:00 PM	MS Softball	Sherwood Middle @ Steam	STEAM Academy