



SHELBY COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION

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Upcoming Events

- September 20th-SCIAA Swimming & Wrestling Meeting
- September 21st-SCIAA AAA Golf Championship
- September 22nd-SCIAA Basketball Meeting
- September 27th-Deadline for TSSAA Bowling Online Meeting

SCIAA Newsletter

Volume 3, Issue 6

September 16, 2016

Anyone Can Save a Life

Teddy Okerstrom of Wayzata, Minnesota, was participating in his school's summer conditioning program, when he collapsed out on the football field.

One of his coaches responded to the emergency and began performing CPR while a teammate rushed to bring an automated external defibrillator (AED) onto the field. Teddy's coaches continued CPR and used the AED to shock Teddy's heart back into normal rhythm just as the ambulance was arriving on the scene. Teddy was rushed to the hospital, where he was stabilized and, during his weeklong stay, had a cardiac defibrillator implanted in his chest that monitors his heart and will provide a life-saving shock if needed. Doctors still don't know why this happened to Teddy, but due to the quick thinking and life-saving actions of his coaches, school staff members, and teammates, he is doing very well today.

Anyone Can Save A Life is a first-of-its-kind emergency action program for after-school practices and events. It is designed to save lives from emergencies, including sudden cardiac arrest (SCA), a leading cause of death among adults and student athletes nationwide.

This website provides the steps to implement the **Anyone Can**

Save A Life program in your school. By implementing the program—and specifically creating Student Response Teams—your school is empowering students to be part of the coordinated response necessary to ensure the best possible outcome to every emergency.

The goal is to save lives by immediately responding to life-threatening emergencies with a simple protocol that includes:



Calling 911 to alert the Emergency Medical System (EMS)



Early cardiopulmonary resuscitation (CPR)



Early use of an automated external defibrillator (AED)



Early transition to EMS

Emergencies go hand-in-hand with after-school participation, so it is not a matter of if one will happen; it's a matter of when. By having an Emergency Action Plan (EAP) in place for life-threatening events, you are preparing your school community to respond immediately to get the help that is needed.

The TSSAA and SCIAA encourage all of our Athletic Directors and Coaches to develop a cus-

ANYONE CAN SAVE A LIFE

Plan. Learn. Save.

tomized Emergency Action Plan for all practice and game locations. The **Anyone Can Save a Life** website is a great tool to walk you through this process. Resources include: Understanding the EAP, AD Checklists, Program Guide, Planning Guide, Training Drills, and Emergency Summary Forms.

In every emergency, seconds count so count every second.

www.anyonecansavealife.org

NEW

You can now visit us at

www.sciaa.org

 **Follow us**

@SCIAAFever

CPR Classes-Immediate Action Required

Coordinated School Health is working with a community partner to add additional CPR/First Aid/AED classes for you. These classes are free but in order to schedule them we need to get a count of how many people need their certifications updated as quickly as possible. ADs need to email me

at washingtonkd@scsk12.org with your school name and the number of coaches that need the course. Space is limited so act quickly to reserve a spot. This information is needed by the end of the day Friday so the class times, dates and locations can be determined.



SCIAA High School Events for September 19th-25th, 2016

Date	Time	Sport	Opponents/Title	Facility
9/19/2016	3:15 PM	Boys & Girls Golf	Collierville High @ White Station High	Forest Hill Irene
9/19/2016	4:00 PM	Boys & Girls Golf	Kingsbury High @ Ridgeway High	Audubon
9/19/2016	4:00 PM	HS Volleyball	Whitehaven High @ Ridgeway High	Ridgeway High School
9/19/2016	4:30 PM	HS Girls Soccer	Kingsbury High @ MBA	Rodney Baber Park
9/19/2016	4:30 PM	HS Volleyball	Middle College High @ Melrose High	Melrose High School
9/19/2016	5:00 PM	HS Cross Country	Raleigh Egypt, Trezevant, MBA, Hillcrest, Ridgeway	Ed Rice Community Center
9/19/2016	5:00 PM	HS Cross Country	Kirby, Sheffield, White Station, MSE, Cordova,	Shelby Farms
9/19/2016	5:00 PM	Freshman Football	Germantown High @ Whitehaven High	Whitehaven Stadium
9/19/2016	5:00 PM	HS Girls Soccer	Power Center Academy @ Craigmont High	Craigmont High School
9/19/2016	5:00 PM	HS Volleyball	FACS @ Cordova High	Cordova High School
9/19/2016	5:30 PM	Freshman Football	Cordova High @ Collierville High	Collierville Stadium
9/19/2016	5:30 PM	JV Football	Douglass High @ Kingsbury High	Kingsbury High School
9/19/2016	5:30 PM	JV Football	Middle College High @ Kirby High	Kirby Stadium
9/19/2016	5:45 PM	HS Cross Country	Overton, Westwood, City Univ., White Station, Craigmont, Kingsbury, Southwind, Germantown, Bolton	Shelby Farms
9/19/2016	5:45 PM	HS Cross Country	Mitchell, Manassas, MLK Prep, Douglass, PCA, Soulsville, Middle College	Ed Rice
9/19/2016	6:00 PM	JV Football	Fairley High @ Mitchell High	J.P. Freeman Stadium
9/19/2016	6:00 PM	JV Football	Central High @ Melrose High	Melrose Stadium
9/19/2016	6:00 PM	JV Football	East High @ Southwind High	Southwind Stadium
9/19/2016	6:00 PM	JV Football	Ridgeway High @ CBHS	CBHS Stadium
9/19/2016	6:00 PM	HS Volleyball	Germantown High @ Evangelical Christian School	ECS
9/19/2016	6:00 PM	HS Volleyball	Collierville High @ White Station High	White Station High School
9/19/2016	6:30 PM	JV Football	Harding @ MLK Prep	Fairground Stadium
9/19/2016	7:00 PM	JV Football	Germantown High @ Whitehaven High	Whitehaven Stadium
9/19/2016	7:00 PM	JV Football	Cordova High @ Collierville High	Collierville Stadium
9/19/2016	7:00 PM	HS Girls Soccer	Raleigh Egypt @ Cordova High	Cordova Stadium
9/20/2016	4:00 PM	HS Volleyball	Southwind High @ Ridgeway High	Ridgeway High School
9/20/2016	4:00 PM	HS Volleyball	Wooddale High @ Kirby High	Kirby High School
9/20/2016	4:30 PM	HS Volleyball	Arlington High @ Kingsbury High	Kingsbury High School
9/20/2016	4:30 PM	HS Volleyball	Melrose High @ Hamilton High	Hamilton High Gym
9/20/2016	5:00 PM	HS Girls Soccer	Wooddale High @ Ridgeway High	May Field
9/20/2016	5:00 PM	HS Volleyball	Whitehaven High @ East High	East High School
9/20/2016	5:00 PM	HS Volleyball	Craigmont High @ Manassas High	Manassas High
9/20/2016	5:00 PM	HS Volleyball	Booker T. Washington @ Oakhaven High	Booker T. Washington
9/20/2016	5:00 PM	HS Volleyball	Douglass High @ Raleigh Egypt	Raleigh Egypt High
9/20/2016	5:00 PM	HS Volleyball	MSE @ Soulsville Charter	Soulsville Charter
9/20/2016	5:00 PM	HS Volleyball	Mitchell High @ Power Center Academy	3150 Ridgeway Rd
9/20/2016	5:00 PM	HS Volleyball	Fairley High @ Trezevant High	Trezevant High
9/20/2016	5:00 PM	HS Volleyball	KIPP Collegiate High @ City University School	City University School
9/20/2016	5:00 PM	HS Volleyball	MASE @ MBA	MBA
9/20/2016	5:00 PM	HS Volleyball	MHEA @ Cordova High	Cordova High School
9/20/2016	5:00 PM	HS Volleyball	MAHS @ Hillcrest High	Hillcrest High
9/20/2016	5:30 PM	HS Volleyball	White Station High @ Central High	Central High Gym
9/20/2016	6:00 PM	HS Girls Soccer	Kirby High @ Brighton	Brighton High School
9/20/2016	6:30 PM	HS Volleyball	Germantown High @ Saint Agnes Academy	Saint Agnes Academy
9/20/2016	7:00 PM	HS Girls Soccer	Memphis FCA @ Germantown High	Farmington Elem
9/20/2016	7:00 PM	HS Girls Soccer	Overton High @ Whitehaven High	Whitehaven Stadium
9/20/2016	7:00 PM	HS Girls Soccer	Northpoint Christian School @ Central High	Crump Stadium
9/21/2016	1:30 PM	Boys & Girls Golf	SCIAA AAA Golf Championship	Fox Meadows
9/21/2016	4:30 PM	HS Girls Soccer	Sheffield High @ Craigmont High	Craigmont High School
9/21/2016	4:30 PM	HS Girls Soccer	MBA @ Westwood High	J.P. Freeman Soccer

SCIAA High School Events for September 19th-25th, 2016 cont.

Date	Time	Sport	Opponents/Title	Facility
9/21/2016	4:30 PM	HS Volleyball	Hamilton High @ East High	East High School
9/21/2016	5:00 PM	HS Volleyball	Sheffield High @ Raleigh Egypt	Raleigh Egypt High
9/21/2016	5:00 PM	HS Volleyball	Overton High @ Whitehaven High	Whitehaven High School
9/21/2016	6:00 PM	HS Girls Soccer	BARTLETT HIGH @ Bolton High	Bolton Soccer Field
9/22/2016	4:00 PM	HS Volleyball	Ridgeway High @ Southwind High	Southwind High School
9/22/2016	5:00 PM	HS Volleyball	Trezevant High @ MLK Prep	MLK Prep
9/22/2016	5:00 PM	HS Volleyball	East High @ Overton High	Overton High School
9/22/2016	5:00 PM	HS Volleyball	Oakhaven High @ Mitchell High	Mitchell High
9/22/2016	5:00 PM	HS Volleyball	KIPP Collegiate High @ Power Center Academy	3150 Ridgeway Rd
9/22/2016	5:00 PM	HS Volleyball	MAHS @ City University School	City University School
9/22/2016	5:00 PM	HS Volleyball	Douglass High @ Sheffield High	Sheffield High
9/22/2016	5:00 PM	HS Volleyball	Fairley High @ Craigmont High	Craigmont High
9/22/2016	5:00 PM	HS Volleyball	Central High @ Lausanne	Lausanne High School
9/22/2016	5:00 PM	HS Volleyball	MASE @ Hillcrest High	Hillcrest High
9/22/2016	5:00 PM	HS Volleyball	Whitehaven High @ Hamilton High	Hamilton High Gym
9/22/2016	5:15 PM	HS Volleyball	Kingsbury High @ Kirby High	Kirby High School
9/22/2016	5:30 PM	HS Girls Soccer	Wooddale High @ Kingsbury High	Kingsbury High School
9/22/2016	5:30 PM	HS Girls Soccer	Overton High @ Raleigh Egypt	Raleigh-Egypt Stadium
9/22/2016	5:45 PM	HS Volleyball	Soulsville Charter @ Middle College High	Middle College HS Gym
9/22/2016	6:00 PM	Freshman Football	Marion @ Ridgeway High	Halle Stadium
9/22/2016	6:00 PM	HS Girls Soccer	Ridgeway High @ Southwind High	Southwind Soccer Field
9/22/2016	6:30 PM	HS Volleyball	Germantown High @ St. Benedict	St Benedict at Auburn-
9/22/2016	7:00 PM	HS Football	Hillcrest High @ KIPP Collegiate High	dale HS (SBA)
9/22/2016	7:00 PM	HS Girls Soccer	Kirby High @ Germantown High	Melrose Stadium
9/23/2016	5:00 PM	HS Girls Soccer	MBA @ Power Center Academy	Farmington Elem
9/23/2016	5:00 PM	HS Volleyball	MLK Prep @ Craigmont High	May Field
9/23/2016	5:00 PM	HS Volleyball	Trezevant High @ Douglass High	Craigmont High
9/23/2016	5:00 PM	HS Volleyball	City University School @ Memphis Catholic	Douglass High
9/23/2016	5:00 PM	HS Volleyball	Booker T. Washington @ MSE	Memphis Catholic
9/23/2016	5:00 PM	HS Volleyball	Manassas High @ Raleigh Egypt	4921 Ridgeway Rd
9/23/2016	5:30 PM	HS Girls Soccer	Sheffield High @ Southwind High	Raleigh Egypt High
9/23/2016	6:00 PM	HS Girls Soccer	Germantown High @ BARTLETT HIGH	Southwind Soccer Field
9/23/2016	7:00 PM	HS Football	North Panola @ Manassas High	Bartlett HS
9/23/2016	7:00 PM	HS Football	MAHS @ Overton High / Homecoming	Crump Stadium
9/23/2016	7:00 PM	HS Football	Craigmont High @ Hardin County	Halle Stadium
9/23/2016	7:00 PM	HS Football	Mitchell High @ Douglass High	HARDIN COUNTY
9/23/2016	7:00 PM	HS Football	MLK Prep @ Munford	Fairground Stadium
9/23/2016	7:00 PM	HS Football	Kirby High @ Millington High	MUNFORD
9/23/2016	7:00 PM	HS Football	Hamilton High @ Memphis FCA	MILLINGTON
9/23/2016	7:00 PM	HS Football	FACS @ Bolton High	Memphis FCA
9/23/2016	7:00 PM	HS Football	Germantown High @ Cordova High / Homecoming	Bolton Stadium
9/23/2016	7:00 PM	HS Football	Gibson County @ Oakhaven High	Cordova Stadium
9/23/2016	7:00 PM	HS Football	Middle College High @ Kingsbury High	Oakhaven Stadium
9/23/2016	7:00 PM	HS Football	Fairley High @ Southside (GADSDEN)	Melrose Stadium
9/23/2016	7:00 PM	HS Football	Ridgeway High @ MUS	Gadsden; AL
9/23/2016	7:00 PM	HS Football	Booker T. Washington @ Briarcrest	MUS
9/23/2016	7:00 PM	HS Football	Houston High @ Whitehaven High	BRIARCREST
9/23/2016	7:00 PM	HS Football	St. Benedict @ Raleigh Egypt	Whitehaven Stadium
9/23/2016	7:00 PM	HS Football	White Station High @ BARTLETT HIGH	Raleigh Egypt Stadium
9/23/2016	7:00 PM	HS Football	Central High @ Holly Spring	BARTLETT
9/23/2016	7:00 PM	HS Football	Sheffield High @ CBHS	Holly Springs; MS
9/24/2016	11:00 AM	HS Girls Soccer	White Station High @ Arlington High	CBHS
9/24/2016	1:00 PM	HS Football	Melrose High @ East High	ARLINGTON HS
				Crump Stadium

SCIAA Middle School Events for September 19th-25th, 2016

Date	Time	Sport	Opponents/Title	Facility
9/19/2016	5:00 PM	MS Girls Soccer	Schilling Farms Middle School @ Cordova Middle	Cordova Stadium
9/19/2016	5:00 PM	MS Volleyball	Barrets Chapel @ Grandview	Grandview Middle School
9/19/2016	5:00 PM	MS Volleyball	MASE @ Mt. Pisgah Middle School	Mt. Pisgah MS Gym
9/19/2016	5:00 PM	MS Volleyball	Kingsbury Middle @ Georgian Hills	Kingsbury Gym
9/19/2016	5:00 PM	MS Volleyball	Bellevue Middle @ Raleigh Egypt	Raleigh-Egypt High School
9/19/2016	5:00 PM	MS Volleyball	Booker T. Washington @ Westside Middle	Westside Middle School
9/19/2016	5:00 PM	MS Volleyball	Treadwell Middle @ Douglass Middle	Douglass High School
9/19/2016	5:00 PM	MS Volleyball	Lester Prep @ Lowrance Elementary School	Lowrance Gym
9/19/2016	5:00 PM	MS Volleyball	MBA @ Sherwood Middle	Sherwood Middle School
9/19/2016	5:00 PM	MS Volleyball	MAHS @ Hamilton Middle	Hamilton Middle School
9/19/2016	5:00 PM	MS Volleyball	A. Maceo Walker Middle @ Soulsville Charter	Soulsville Charter
9/19/2016	5:00 PM	MS Volleyball	Chickasaw Middle @ Steam	Steam
9/19/2016	5:00 PM	MS Volleyball	Kate Bond Middle @ Craigmont Middle	Craigmont Middle School
9/19/2016	5:00 PM	MS Volleyball	Germantown Middle School @ Snowden Middle	Snowden Middle School
9/19/2016	5:00 PM	MS Volleyball	White Station Middle @ Cordova Middle	Cordova Middle School
9/19/2016	5:00 PM	MS Volleyball	Wooddale Middle @ Hickory Ridge Middle	Hickory Ridge Middle
9/19/2016	5:00 PM	MS Volleyball	Colonial Middle @ Highland Oaks Middle School	Highland Oaks Middle
9/19/2016	5:00 PM	MS Volleyball	Havenview Middle @ Ridgeway Middle	Ridgeway Middle
9/20/2016	5:00 PM	MS Girls Soccer	Craigmont Middle @ Snowden Middle	Snowden Football Field
9/20/2016	5:00 PM	MS Girls Soccer	White Station Middle @ Cordova Middle	Cordova Stadium
9/20/2016	5:00 PM	MS Girls Soccer	Colonial Middle @ Germantown Middle School	Farmington Elementary
9/20/2016	5:00 PM	MS Girls Soccer	MBA @ Kingsbury Middle	Kingsbury Middle Field
9/20/2016	5:00 PM	MS Girls Soccer	A. Maceo Walker Middle @ Bellevue Middle	Crump Stadium
9/20/2016	5:00 PM	MS Girls Soccer	Steam @ Chickasaw Middle	J.P. Freeman Soccer
9/20/2016	5:00 PM	MS Girls Soccer	American Way Middle @ Ridgeway Middle	Mayfield #2
9/20/2016	5:30 PM	MS Football	Lester Prep @ Georgian Hills	Raleigh-Egypt Stadium
9/20/2016	5:30 PM	MS Football	Westside Middle @ MAHS	Melrose Stadium
9/20/2016	5:30 PM	MS Girls Soccer	KIPP Academy Middle @ Kate Bond Middle	Kate Bond Football Field
9/20/2016	6:00 PM	MS Football	Geeter Middle @ Munford Middle School	Munford Middle
9/21/2016	4:45 PM	MS Girls Soccer	Ridgeway Middle @ Kate Bond Middle	Kate Bond Football Field
9/21/2016	5:00 PM	MS Volleyball	MASE @ Barrets Chapel	Barretts Chapel Gym
9/21/2016	5:00 PM	MS Volleyball	Grandview @ Kingsbury Middle	Kingsbury Middle
9/21/2016	5:00 PM	MS Volleyball	Mt. Pisgah Middle School @ Bellevue Middle	Bellevue Middle School
9/21/2016	5:00 PM	MS Volleyball	Raleigh Egypt @ Booker T. Washington	Booker T. Washington Gym
9/21/2016	5:00 PM	MS Volleyball	Treadwell Middle @ E.E Jeter	E. E. Jeter Gym
9/21/2016	5:00 PM	MS Volleyball	Douglass Middle @ Westside Middle	Westside Middle School
9/21/2016	5:00 PM	MS Volleyball	MBA @ Riverview Middle	Riverview Middle
9/21/2016	5:00 PM	MS Volleyball	MAHS @ Lester Prep	Lester Middle School
9/21/2016	5:00 PM	MS Volleyball	Sherwood Middle @ A. Maceo Walker Middle	A. Maceo Walker Middle
9/21/2016	5:00 PM	MS Volleyball	Chickasaw Middle @ Soulsville Charter	Soulsville Charter
9/21/2016	5:00 PM	MS Volleyball	Steam @ Geeter Middle	Geeter Middle School
9/21/2016	5:00 PM	MS Volleyball	Snowden Middle @ Kate Bond Middle	Kate Bond Middle
9/21/2016	5:00 PM	MS Volleyball	Craigmont Middle @ Cordova Middle	Cordova Middle School
9/21/2016	5:00 PM	MS Volleyball	Germantown Middle @ White Station Middle	White Station Middle School
9/21/2016	5:00 PM	MS Volleyball	Colonial Middle @ Ridgeway Middle	Ridgeway Middle
9/21/2016	5:00 PM	MS Volleyball	Highland Oaks Middle School @ Wooddale Middle	Wooddale Middle School
9/21/2016	5:30 PM	MS Football	Kate Bond Middle @ White Station Middle	White Station Football
9/21/2016	5:30 PM	MS Football	Highland Oaks Middle @ Cordova Middle	Cordova Stadium
9/21/2016	5:30 PM	MS Football	Germantown Middle School @ Craigmont Middle	Craigmont Football Field
9/21/2016	5:30 PM	MS Football	Wooddale Middle @ Kirby Middle	Kirby Stadium
9/21/2016	5:30 PM	MS Football	Hickory Ridge Middle @ American Way Middle	Melrose Stadium
9/21/2016	5:30 PM	MS Football	Havenview Middle @ Colonial Middle	Halle Stadium
9/21/2016	5:30 PM	MS Football	Booker T. Washington @ Chickasaw Middle	Whitehaven Stadium
9/21/2016	5:30 PM	MS Football	Memphis Scholars @ JP Freeman Middle	J.P. Freeman Stadium
9/21/2016	5:30 PM	MS Football	Riverview Middle @ Oakhaven Middle	Oakhaven Stadium

SCIAA Middle School Events for September 19th-25th, 2016 cont.

Date	Time	Sport	Opponents/Title	Facility
9/21/2016	5:30 PM	MS Football	Ridgeway Middle @ Bellevue Middle	Crump Stadium
9/21/2016	5:30 PM	MS Football	Woodstock MS @ Kingsbury Middle	Kingsbury MS Football Field
9/21/2016	5:30 PM	MS Football	Barrets Chapel @ A. Maceo Walker Middle	A. M. Walker Football Field
9/21/2016	5:30 PM	MS Football	Hamilton Middle @ Raleigh Egypt	Raleigh Egypt Stadium
9/21/2016	5:30 PM	MS Football	KIPP Academy Middle @ Snowden Middle	Snowden Football Field
9/22/2016	5:00 PM	MS Girls Soccer	Cordova Middle @ Kate Bond Middle	Kate Bond Football Field
9/22/2016	5:00 PM	MS Girls Soccer	Germantown Middle @ Hickory Ridge Middle	Hickory Ridge Middle Field
9/22/2016	5:00 PM	MS Girls Soccer	Kirby Middle @ Colonial Middle	Colonial Middle Field
9/22/2016	5:00 PM	MS Girls Soccer	Rise Academy @ Treadwell Middle	Treadwell Football Field
9/22/2016	5:00 PM	MS Girls Soccer	Sherwood Middle @ A. Maceo Walker Middle	A. M. Walker Football Field
9/22/2016	5:00 PM	MS Girls Soccer	Chickasaw Middle @ Bellevue Middle	Fairgrounds Stadium
9/22/2016	5:00 PM	MS Volleyball	Kingsbury Middle @ Barrets Chapel	Barretts Chapel Gym
9/22/2016	5:00 PM	MS Volleyball	Bellevue Middle @ MASE	Mississippi Blvd Church
9/22/2016	5:00 PM	MS Volleyball	Booker T. Washington @ Mt. Pisgah Middle	Mt. Pisgah MS Gym
9/22/2016	5:00 PM	MS Volleyball	Georgian Hills @ Treadwell Middle	Treadwell Middle School
9/22/2016	5:00 PM	MS Volleyball	Westside Middle @ E.E Jeter	E. E. Jeter Gym
9/22/2016	5:00 PM	MS Volleyball	Soulsville Charter @ Sherwood Middle	Sherwood Middle School
9/22/2016	5:00 PM	MS Volleyball	Geeter Middle @ Lester Prep	Lester Middle School
9/22/2016	5:00 PM	MS Volleyball	Riverview Middle @ Steam	Steam
9/22/2016	5:00 PM	MS Volleyball	Lowrance Elementary @ Chickasaw Middle	Chickasaw Middle School
9/22/2016	5:00 PM	MS Volleyball	A. Maceo Walker Middle @ MAHS	MAHS Middle School Gym
9/22/2016	5:00 PM	MS Volleyball	Ridgeway Middle @ Hickory Ridge Middle	Hickory Ridge Middle
9/22/2016	5:00 PM	MS Volleyball	Wooddale Middle @ Colonial Middle	Colonial Middle
9/22/2016	5:30 PM	MS Girls Soccer	KIPP Academy Middle @ Ridgeway Middle	Kirby Stadium
9/23/2016	5:00 PM	MS Girls Soccer	MBA @ Treadwell Middle	Treadwell Football Field
9/24/2016	6:00 PM	MS Football	Lester Prep @ MAHS	Melrose Stadium