

Initial Practice Plan



PLAN SPECIFICS

- Workouts conducted in pods of ≤ 10 students and coaches outdoors
- No more than 50 individuals outdoors
- Locker Rooms, Gyms and weight rooms areas are closed
- No Athletic Equipment

TRAINING PARAMETERS

- Athletic staff trained on appropriate Covid19 prevention methods
- Principal and/or designated Administrator will determine the phasing schedule for each sport
- Sport specific plan on file

Schools provide: Masks, Thermometers, Hand Sanitizer, Cleaning Supplies, Daily Screening Forms, Athlete Health Record, Tape Measure

Students provide: Towels (individual towels), Water Bottle (individual bottles), Hand sanitizer, Masks