



## 2021 SCIAA Middle School Track & Field Schedule



### SCIAA Track & Field Coordinator

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### General Track & Field Questions

- Head Coordinator: Ron King: (901) 233-4334
- Asst Coordinator: Derek Hunter: (901) 481-1291

Class A			Class AA	
BTW	Barrett's Chapel	Bellevue	A Maceo Walker	Kate Bond
Chickasaw	City University		American Way	Kingsbury
Cummings	Dexter	Douglass	Colonial	Ridgeway
EE Jeter	Freedom Prep	Geeter	Cordeva	Sherwood
Georgian Hills	Grandview	Granville T.	Craigmont	Snowden
Hamilton	Hanley	Woods	Germantown	White Station
Ida B. Wells	J.P. Freeman	Humes	Havenvue	Wooddale
KIPP Collegiate	Kirby	KIPP Academy	Hickory Ridge	
Lowrance	Maxine Smith STEAM	Lester Prep	Highland Oaks	
Grizzlies Prep	MAHS	MBA		
MSE	Memphis RISE	MASE		
PCA Hickory Hill	PCA Southeast	Oakhaven		
Riverview	Soulsville	Raleigh-Egypt		
Westside	Woodstock	Treadwell		

**All Track Meet Entries must be entered online BEFORE NOON the day before the meet.  
 Crump and Whitehaven are F.A.T. Stadiums**

### Important Dates

Date	Time	Location	Event
<b>March 2</b>	5:30 pm	Microsoft Teams	SCIAA Track Coaches Meeting
<b>February 15</b>			TMSAA First Practice Date
<b>March 17</b>			First SCIAA Track Meet
<b>March 29-April 2</b>			SCS Spring Break
<b>April 16</b>	11:59 pm		Deadline to submit SCIAA Championship entries on Milesplit
<b>April 19</b>	4:00 pm	SCIAA Office	SCIAA Championship Scratch Meeting
<b>April 20</b>	5:00 pm	Whitehaven (Class A) Kirby (Class AA)	SCIAA Championship Prelims (Girls Running & Boys Field Events)
<b>April 21</b>	5:00 pm	Whitehaven (Class A) Kirby (Class AA)	SCIAA Championship Prelims (Boys Running & Girls Field Events)
<b>April 24</b>	9:00 am 2:00 pm	Whitehaven Stadium	SCIAA Championship Field Event & Running Events Finals
<b>May 8</b>	9:00 am	Whitehaven Stadium	TMSAA West TN Sectionals
<b>May 22</b>		Austin Peay State University	TMSAA State Championship

## Middle School Track & Field Schedule

### Week 2

**Wednesday, March 24**

City University, Craigmont, White Station, Oakhaven, Maxine Smith STEAM	<b>Cordova</b>
Chickasaw, Bellevue, Hamilton, Lester Prep, MASE, Woodstock	<b>Crump</b>
Kate Bond, Colonial, Hickory Ridge, Ridgeway, MBA	<b>Kirby</b>
Treadwell, Georgian Hills, Riverview, Grandview, Douglass, A. Maceo Walker	<b>Whitehaven</b>

### Week 3

**Wednesday, April 7**

Kate Bond, Georgian Hills, MBA, Woodstock, Craigmont	<b>Cordova</b>
Bellevue, Douglass, Maxine Smith STEAM, Lester Prep, White Station, MASE	<b>Crump</b>
Ridgeway, Treadwell, Oakhaven, Riverview, Hickory Ridge, Hamilton	<b>Kirby</b>
Chickasaw, Colonial, A. Maceo Walker, City University, Grandview	<b>Whitehaven</b>

### Week 4

**Wednesday, April 14**

Kate Bond, White Station, Maxine Smith STEAM, Georgian Hills, Riverview, Grandview	<b>Cordova</b>
Douglass, A. Maceo Walker, Oakhaven, MASE, Treadwell	<b>Crump</b>
Colonial, Woodstock, Craigmont, City University, Chickasaw	<b>Kirby</b>
Lester Prep, Hickory Ridge, Bellevue, Ridgeway, Hamilton	<b>Whitehaven</b>

### 2021 Track & Field Locations/Meet Directors

- Crump Stadium: Carl Bowie (901) 503-7189
- Cordova Stadium: Gary Deberry (901) 596-1898
- Kirby: Michelle Graham (901) 870-7386
- Whitehaven: Ursula Lomax (901) 315-2237

### SCIAA General Rules

- SCIAA will manage all gates at meets.
- Track meets are scheduled to start at 5pm unless otherwise noted.
- Event substitutions can be made on the day of the event. Please contact the meet director at the end of the meet to correct the names of participants. No new entries are allowed. Scratch runners will not be allowed due to the increased number of participating teams.
- Coaches must complete their duties assigned by the Meet Director for your participating meet. If you fail to do so, you will risk disqualification of your team.
  - ✓ [Field Event Descriptions – Coaches Notebook](#)

### Track & Field Information

**Uniforms:** All uniforms must follow the NFHS Rules. The referee will warn every participant prior to the meet that they must compete in a legal uniform, and if a contestant competes in an illegal uniform, then that contestant is disqualified from that event. There are no team warnings or individual warnings after the meet begins. Officials should use preventative officiating as much as possible.

**Participant Entries:** No contestant may participate in more than three events in any meet. This regulation applies to all track competition - regular-season meets as well as invitational, conference, sub-sectional, sectional, regional, and state meets. A school may enter no more than 2 (3 in TMSAA events) girls or 2 (3 in TMSAA events) boys in any individual event and no more than one team in a relay.

**Eligibility List:** list and schedule must be submitted in the TSSAA Portal by the first contest date.

### THE FIRST DAY OF PRACTICE: STUDENT REQUIREMENTS:

- Completed and signed Athlete's Health Record:
- Valid Physicals dated April 15th 2020 and signed by FNP, MD or PA
- Emergency Information, Informed consent & Acknowledgement of Risk
- Covid 19 Informed Consent & Assumption of Risk
- Concussion Information Sheet initialed and signed by the student-athlete and parent (TN Public Chapter 148)
- Sudden Cardiac Arrest Information Sheet initialed and signed by the student-athlete and parent (TN Public Chapter 325)

#### COACHES REQUIREMENTS:

- Current CPR & First Aid for all faculty and non-faculty coaches
- Signed Concussion Information Sheet, certificate of completion of an approved Concussion education course for all coaches and athletic directors (TN Public Chapter 148)
- Signed Sudden Cardiac Arrest Information Sheet, certificate of completion of NFHS education course for all coaches and athletic directors (TN Public Chapter 325)
- Complete SCS Covid-19 Safe Schools Training
- Complete NFHS Covid-19 for Coaches and Administrators

#### Boys Track & Field Events

Shot Put	Discus	Long Jump
High Jump	4x800m Relay	3200m Run
110m Hurdles	100m Dash	4x200m Relay
1600m Run	4x100m Relay	400m Dash
800m Run	200 m Dash	4x400m Relay

#### Girls Track & Field Events

Shot Put	Discus	Long Jump
High Jump	4x800m Relay	3200m Run
110m Hurdles	100m Dash	4x200m Relay
1600m Run	4x100m Relay	400m Dash
800m Run	200 m Dash	4x400m Relay

#### Meet Entry

The SCIAA will be using <https://tn.milesplit.com/> to submit online entries. If you are not familiar with Tennessee Runner, instructions on how to register/claim your team, complete your roster and register for an event is available to support you.

**Please monitor your meets carefully to make sure your teams have all athletes entered in the meet.**

Entry Deadline: All track meet entries must be completed before noon of the day prior to the meet.

TN Milesplit-Meet Entry Instructions: [TN Milesplit Directions](#)

#### SUPPORT VIDEOS:

##### Team Management

- [How do I claim my team?](#)
- [How do I edit my team's roster?](#)

##### Meet Registration

- [How do I enter my team into a meet?](#)
- [What do I do if I cannot find my team?](#)
- [How do I enter an individual in a meet?](#)
- [How do I copy entries from a previous meet?](#)
- [FAQ: No Events or events for only one gender are showing](#)
- [How do I add a relay team?](#)

**Commented [IW1]:** @LECIA SCHLUTERMAN -- add new coaches requirements surrounding covid  
--adjust SCIAA covid guidelines to match ones in ppt  
--is Ursula running WHS?

SCIAA Field Events Standards		
Event	Girls	Boys
High Jump	3'6"	4'4"
Long Jump	11'	14'
Shot Put	15'	25'
Discus	35'	50'

**\*VERY IMPORTANT\*** All legal first attempts will be measured. All attempts after must meet SCIAA minimum standards.

#### Scoring Format

3 Teams	5-3-2-1
4 Teams	6-4-3-2-1
5 Teams	8-6-4-2-1
6 Teams	10-8-6-4-2-1
7 Teams	10-8-6-4-3-2-1
8+ Teams	10-8-6-5-4-3-2-1

#### Results

Results will be available in Tennessee MileSplit no later than Monday of the following week.

#### Practice at District Stadiums

Games on district fields at district owned stadiums take precedence over practices. Please clear the stadium 60 minutes prior to game time. Clearing the stadium includes all student-athletes, coaches, team followers etc.

STADIUMS OPEN FOR PRACTICE: A stadium usage file will be sent to all coaches once it is complete. This information is subject to change due to reschedules, so check daily to determine if the stadium is open.

#### Admission

Regular Season \$3.00. Post Season \$5.00.

#### SCIAA CHAMPIONSHIP INFORMATION

TBA

#### TMSAA Sectional Meet Information

In middle school track, there will be two classifications: Class A and Class AA.

Four Sectionals will be held across the state with the qualifiers advancing to the State Championships. There will be 16 qualifiers in each event (4 from each Sectional) for each classification to the State Championships from the Sectional meets.

Sectionals must be completed by May 9, 2020.

There will be a fee of \$50 for a girls' team and \$50 for a boys' team for each school that participates in the championship series. Check with your school administration to see if this was paid with your school's membership in August.

#### TMSAA State Meet Information

Running Events - All lane assignments will be based on the athlete's qualifying performance.

The following scoring system shall be used in the state meet - 10-8-6-5-4-3-2-1.

The Middle School Track & Field State Championships will be held May 16, 2020 at Austin Peay State University in Clarksville, TN.

#### SCIAA Track & Field COVID-19 Guidelines

- All spectators, coaches and staff must wear masks at all times
- All student-athletes must wear masks while they are not engaged in competition. Student-athletes may wear masks during competition if they so choose.
- All coaches, staff, and student-athletes should use hand sanitizer stations when possible
- All coaches, staff, and student-athletes must maintain at least 6' of social distancing at all times.
- Teams should maintain social distance in the stands area and should not socialize with other teams.
- Student-athletes should remain in the stands until the first call of their race to help reduce congregation on the field for warm-ups.
- Athletes and coaches should be screened and temperature checked before attending practices or games. If a student- athlete or a coaching staff member fails screening they should not attend practices or games. A record should be kept of all individuals present at team activities.
- Athletes and coaches should be screened and temperature checked before leaving for games. If a student- athlete or a coaching staff member fails screening they should not attend the game as a participant or spectator.
- Do NOT share **personal** water bottles, shoes, jerseys, equipment, towels, etc.
- Student-athletes should use hand sanitizer before and after using shared implements (relay baton, discus, shot put, pole vault poles, etc.). Those shared track and field implements should be cleaned before and after each use.
- No team huddles, handshakes or fist bumps should take place.
- Allow for physical distancing in common areas including bathrooms, stands, sidelines, dugouts.

2021 TSSAA/TMSAA Track & Field Modifications/Considerations

<https://cms-files.tssaa.org/documents/tssaa/2020/COVID-19-Regulations-and-Considerations-2021-02-01.pdf> page 24

- Limit interaction with athletes from opposing schools
- Eliminate handshakes
- No shared equipment, towels, practice gear, etc.
- Have hand sanitizer at each event station
- Disinfect mats after each round of competition if possible
- Officials should wear face coverings
- Conference with coaches should take place with proper social distancing
- Do not participate if sick (if there is doubt stay home)
- Disinfect personal equipment after each game or practice