

Directions on How to Complete the NFHS Concussion Course

Please follow the instructions below. Once completed, your name will appear on the national registry that I download and keep for my records.

The process is very simple:

1. log onto www.nfhslearn.com
2. register an email address and password
3. click “concussion in sports, what you need to know”
4. click “order now”
5. select “I am purchasing the course for myself”
6. choose the state of Maryland and hit save
7. hit checkout
8. you have now “purchased” the course (it’s free)
9. sign in and complete

Directions on How to Complete the NFHS Heat Acclimatization Course

“A Guide to Acclimatization and Heat Illness Prevention.” This FREE course is available at www.nfhslearn.com. This course can be taken on mobile devices, including ipads and tablets and takes about 20 minutes to complete.