# Center State Athletic Conference <br> Girls Volleyball Guidelines 

1 Most recent major revision, November 2015
Updated November 18, 2015
2 Girls Volleyball in this Conference will be played in the Winter months.
The starting date will be consistent with the Winter Sports starting date established by Section III.

3 The League will be comprised of three(3) Divisions as established by the League each year. The current Divisions, as established by the AD's for the 2015-2016 season are as follows:

| Division 1 | Division II | Division III |  |
| :--- | :--- | :--- | :--- |
| Adirondack | Cooperstown | Morrisville-Eaton |  |
| Canastota | Dolgeville | N.Y. Mills |  |
| Clinton | Frankfort | Owen D. Young |  |
| Holland Patent | Herkimer | Remsen |  |
| Little Falls | Mt. Markham | Town of Webb |  |
| Sherburne-Earlville | Sauquoit | Waterville |  |
|  |  | Westmoreland |  |

** Only Divisional games count toward Divisional Championships
4 All coaches are expected to attend the pre and post season meetings as well as the Rules Interpretation Session put on by the Officials Board. If they can not attend they should send a representative. These are very important meetings.

5 Girls' volleyball will be governed by the rules in the Women's NCAA Rule Book.
One exception being that in the deciding game(5th), teams will play to 25 points, win by 2 , no cap. (NYS Modification)
Game protocols will be those established in the Rule Book.
The initial warm-up time will be 27 minutes of shared court space. (By Coaches Vote)
This is also the warm-up time allottment used during Sectional Play.
6 The recommended starting times for week-night matches is 6 p.m. and 1 p.m. for Saturday contests. Any other times MUST be MUTUALLY agreed upon.

7 The JV Match will be played first and will be the best 2 out of 3 Sets The Varsity match will be second and will be the best 3 out of 5 Sets There is No time limit for either contest.

8 For fairness and consistency, the coaches have voted to use the Tachikara SV5W-Gold ball in White or Colored or the equivalent Molten ball for all matches. The Tachikara ball, is the official ball designated for Sectional Play.

9 The All-Star selection process will be determined by the coaches. Each Division will have its own All-Stars.
There will be a First Team and Honorable Mention listing for each Division.
The Coaches in Each Division will also select an MVP for their Division. This is NEW for the 2015-2016 Season. Approved by AD's November 18, 2015.

Selection criteria are as follows. They are based on a teams place finish in their Division.


10 Each year at the Post Season meeting, MVP, All-Star and Honorable Mention names will be submitted to the chair. JV and Varsity final records will also be submitted. Coaches will also select and submit nominations for All Section III Teams. Players must be a Division 1st Team All-Star to qualify for these further nominations. Final selections are left to the Section III Girls Volleyball Committee.

12 Sectional representation(qualification) will be determined by the Section III Volleyball Committee. These will be set forth in the Entry Packet.
Sectional Tournament protocols will be established by the Girls Volleyball Section III Committee.
Teams must follow the guidelines set forth in the Entry Packet.


Update submitted by
Joe Loiacono
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