SHORE CONFERENCE

WINTER TRACK

2018-2019 & 2019-2020

A NORTH	A SOUTH	A CENTRAL
Howell	Toms River North	Monmouth Regional
Freehold Township	Southern Regional	Holmdel
Manalapan	Brick Memorial	Rumson-FH Regional
Marlboro	Jackson Memorial	Raritan
Freehold Boro	Toms River East	Manasquan
CBA*	Brick Township	Red Bank Catholic
Long Branch	Central Regional	St. John Vianney
Middletown South	Toms River South	

B NORTH	B SOUTH	B CENTRAL
Colts Neck	Lacey Township	Asbury Park
Middletown North	Jackson Liberty	Hudson/Keyport
Neptune	Lakewood	Ranney School
Red Bank Regional	Pinelands	Mater Dei Prep
Ocean Township	Manchester	Trinity Hall#
Wall Township	Barnegat	St. Rose
Matawan	Pt. Pleasant Boro	Shore Regional
	Donovan Catholic	

Boys 44/48 Girls 44/48 *NO GIRLS #NO BOYS