



KENTUCKY MIDDLE SCHOOL FOOTBALL ASSOCIATION

2800 Lexington Financial Center

Lexington, Kentucky 40507

Athletic Participation/Physical Examination Form/Consent and Release

ATHLETE INFORMATION

(This part must be completed by the student)

Name (Last, First, Initial) _____ School Year _____

Home Address (Street, City, State, Zip) _____

Gender _____ Grade _____ School _____

Date of Birth: _____ Birth Place (County, State): _____

Attendance	School Name	School Year	
5			
6			
7			
8			

I am planning to participate in the following (circle all you might try to play):

Baseball Basketball Cross Country Football Golf Soccer Fast Pitch Softball
Swimming Tennis Track and Field Volleyball Wrestling Cheerleading Other

PART II - MEDICAL HISTORY

This part must be completed by parent and student and presented to the authorized health care provider before the physical.

CHECK THE APPROPRIATE RESPONSE TO EACH ITEM : YES NO

1. Have you ever been hospitalized? ☐ YES ☐ NO
2. Have you ever had surgery of any kind (e.g., tonsillectomy)..... ☐ YES ☐ NO
3. Are you presently taking any medications or pills? ☐ YES ☐ NO
4. Do you have any allergies (medicine, bees, or other insects)? ☐ YES ☐ NO
5. Have you ever passed out during exercise?..... ☐ YES ☐ NO
6. Have you ever been dizzy during or after exercise?..... ☐ YES ☐ NO
7. Have you ever had chest pain during or after exercise? ☐ YES ☐ NO
8. Have you ever had high blood pressure? ☐ YES ☐ NO
9. Have you ever been told you have a heart murmur? ☐ YES ☐ NO
10. Have you ever had racing of your heart?..... ☐ YES ☐ NO
11. Has anyone in your family died of heart problems before 50?..... ☐ YES ☐ NO
12. Do you have any skin problems? (itching, rashes, acne) ☐ YES ☐ NO
13. Have you ever had a head injury? ☐ YES ☐ NO
14. Have you ever been knocked out or unconscious? ☐ YES ☐ NO
15. Have you ever had a seizure or suffer from epilepsy? ☐ YES ☐ NO
16. Have you ever had a stinger, burner or pinched nerve?..... ☐ YES ☐ NO
17. Have you ever had heat related problems? ☐ YES ☐ NO
18. Have you ever been dizzy or passed out in the heat?..... ☐ YES ☐ NO
19. Do you cough heavily, or breathe heavily during activity? ☐ YES ☐ NO
20. Do you use any special equipment (e.g., knee brace)?..... ☐ YES ☐ NO
21. Have you had any problems with your eyes or vision? ☐ YES ☐ NO
22. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries of any bones?..... ☐ YES ☐ NO
23. Are you missing one of any paired organs (e.g., eyes) ☐ YES ☐ NO
24. Have you ever been diagnosed with any form of asthma? ☐ YES ☐ NO
25. Are you using an inhaler for asthma? ☐ YES ☐ NO

26. Are you diabetic? ☐ ☐
27. Do you administer insulin to yourself? ☐ ☐
28. Are you presently using tobacco in any form? ☐ ☐
29. Do you have a history of sickle-cell anemia in your family? ☐ ☐
30. Have you had any other medical problems? ☐ ☐
31. Have you had a medical problem or injury within the last year? ☐ ☐
32. Can you swim? ☐ ☐
33. When was your last tetanus shot?

Please explain any YES answers from questions 1-31 on page 1.

PART III - PHYSICAL EXAMINATION

This part must be completed by the authorized health care provider named in Rule 9 (KHSAA Bylaw 2)

PATIENT NAME: _____

HEIGHT: _____ WEIGHT _____ BP _____ / _____ PULSE _____

VISION: R- 20/ _____ L- 20/ _____ BOTH- 20/ _____ CORRECTED? Y N

	Normal	Abnormal	Comment
HEART			
Rhythm (Regular/Irregular)			
Murmur (supine)			
Murmur (standing)			
ENT			
Lungs			
Skin			
Abdominal			
Genitalia			
Musculoskeletal			
Neck			
Shoulder			
Elbow			
Wrist			
Hand			
Back			
Knee			
Ankle			
Foot			
Dental			
Other			

After having reviewed the data above and the student's medical history, I make the following recommendations on participation in athletics:

1. Cleared _____
2. Cleared after additional evaluation for _____
3. Restricted from participating in the sports of _____
4. Cleared only to participate in the sports of _____

Recommendations/Restriction (attach additional if necessary) _____

In accordance with applicable law, I have examined the physical condition of the student and find the said student to be physically fit to practice for and participate in interscholastic athletic contests.

	Provider's Name (please print)	
Authorized Signature	Address:	
	City/State/Zip	

Date:

Phone

PART IV - EMERGENCY PERMISSION FORM*(This part must be completed by student and custodial parent /guardian)*

STUDENT NAME _____

SOCIAL SECURITY NUMBER _____

ADDRESS _____

CITY/STATE/ZIP _____

SCHOOL _____

BIRTH DATE _____

PHONE _____

PERSON TO CONTACT IN CASE OF MEDICAL EMERGENCY:

NAME _____

RELATION _____

ADDRESS _____

CITY/STATE/ZIP _____

DAYTIME PHONE _____

EVENING PHONE _____

Please list any health problems/concerns your child may have, including allergies (medications / others) and any medications presently being used:

This form must be reproduced in order for a copy to travel with respective athlete.

PART V – CONSENT TO PARTICIPATE, ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE

*The student and parents/guardian must read this statement carefully. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics.*

As parent/legal guardian, I agree to allow my child to participate in interscholastic athletics.

The student and parent/legal guardian recognize that participation in interscholastic athletics involves some inherent risks for potentially severe injuries, including but not limited to death, serious neck, head and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of the body, or effects to the general health and well being of the child. Because of these inherent risks, the student and parent/legal guardian recognize the importance of the student obeying the coaches' instructions regarding playing techniques, training and other team rules. By signing this form, the student and parent/legal guardian acknowledge that the student's participation is wholly voluntary and to having read and understood this provision. The student and parent/legal guardian acknowledge receipt of education information relating to the nature and risk of concussion and head injury, including the continuance of play after concussion or head injury.

The student and parent/legal guardian individually and on behalf of the student, hereby irrevocably, and unconditionally release, acquit, and forever discharge the KYMSFA and its officers, agents, attorneys, representatives and employees (collectively, the "Releasees") from any and all losses, claims, demands, actions and causes of action, obligations, damages, and costs or expenses of any nature (including attorney's fees) that the student and/or parent/legal guardian incur or sustain to person, property or both, which arise out of, result from, occur during or are otherwise connected with the student's participation in interscholastic athletics if due to the ordinary negligence of the Releasees.

The student and parent/legal guardian acknowledge that they have read and understood the Rules of the KYMSFA or by review at <http://www.kymiddleschoolfootball.com>. Please be aware that a student may be subject to certain Bylaws of the KHSAA. The Bylaws of the KHSAA can be reviewed at www.khsaa.org.

The student and parent/legal guardian agree to abide by the KYMSFA Rules and Procedure(s) as now enacted or later amended. The student and parent/legal guardian further acknowledge that they agree to abide by the rulings of the Association.

The student and parent/legal guardian acknowledge that the student must have insurance coverage up to a limit of \$25,000 in order to be eligible to participate in interscholastic athletics.

**PART V – CONSENT TO PARTICIPATE, ACKNOWLEDGMENT OF RISK,
ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY
WAIVER AND CONSENT AND RELEASE (continued)**

*The student and parents/guardian must read this statement carefully. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics.*

The student and parent/legal guardian consent to this student receiving a physical examination as required by the KYMSFA and/or KHSAA.

The student and parent/legal guardian, individually and on behalf of this student, give the school, the KYMSFA and their representatives permission to release this student's demographic information (including motion picture and still photography) and participation statistics (including height, weight and year in school, participation history) and other information as may be requested, and agree that the student may be photographed or otherwise digitally or electronically captured during school-based competition and such image or other report may be used without permission or compensation.

The student and parent/legal guardian, individually and on behalf of this student, consent to the school and the KYMSFA and their representatives to use and disclose the necessary personally identifiable information from the student's education records including academic, financial and health care information, to third parties including school representatives, coaches, athletic trainers, medical facilities, medical staffs, KYMSFA legal counsel and the media, for the purpose of receiving proper/necessary medical care and complying with the KYMSFA Rules and/or the KHSAA bylaws, including making determinations regarding eligibility to participate in interscholastic athletics and any administrative or legal proceedings resulting from participation or attempted participation in interscholastic athletics, without such disclosure constituting a violation of my rights under the Family Educational Rights and Privacy Act. I further release the school, the KYMSFA, the KHSAA and their representatives from any and all claims arising out of the use and disclosure of said necessary personally identifiable information. I also agree to release to the school, the KYMSFA, the KHSAA, and their representatives, upon request, the detailed and completed application for financial aid.

The student and parent/legal guardian, individual and on behalf of the student, hereby consent to allow the student to receive medical treatment that may be deemed advisable by the school, his/her coaches, the KYMSFA, the KHSAA, and their representatives in the event of injury, accident or illness while participating in interscholastic athletics, including, but not limited to, transportation of the student to a medical facility.

Students' Name (please print)

School

Student and Parent/Guardian Address	
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Signature of Student

Date

Name of Parent(s)/Guardian(s) who has/have custody of this student (please print)

Emergency Phone Number

Signature of Parent(s)/Guardian(s) who has/have custody of this student

Date

Insurance Carrier

Policy Number