

Towson High School

Fall Sports Tryout/Practice Schedule

2021-22 School Year

Golf

[Golf Tryout Information](#)

Badminton

August 11th-13th, 9:00-10:30-Girls, 10:30-12:00-Boys

August 16th-20th, 9:00-10:30-Girls, 10:30-12:00-Boys

Location: Gymnasium

Equipment Needed: Racket, water bottle, and towel.

Expectations: Coach Page, expects everyone to come to tryouts ready to give their best effort and to exhibit good sportsmanship. Whether we have to make cuts will depend on the number of players who try out. If cuts need to be made there will be a practice period of a few days followed by a few days of round robin match play to determine standing.

Coach Steven Page – stevenmhpage@gmail.com

Field Hockey

August 11th-13th, 4:30-6:30

August 16th-20th, 4:30-6:30

Location: Turf Field

Equipment Needed: Shin guards, field hockey stick, goggles, mouth guard, last name taped on back of a pinnie, and sneakers.

Expectations: Arrive 5-10 minutes early to check in with coaches and please bring plenty of water. Come ready to work hard with a positive attitude.

Coach Natalee Szopo - nszopo@bcps.org

Boy Soccer

August 11th-13th, 9:00-12:00

August 16th-20th, 9:00-12:00

Location: Practice Grass Soccer Field

Equipment Needs: White T-shirt with last name and grade printed on the back, shorts (white or maroon), proper socks, cleats, and shin guards, water jug, and soccer ball with your name on it.

Expectations: Report to practice the first day in great shape. Hustle, hustle, and hustle.

Demonstrate determination, discipline, and good sportsmanship. Players will be evaluated on dribbling skills, performance in game situation, control skills, attentiveness, cooperation,

shooting skills, mental attitude, passing skills, speed/quickness, team play, and knowledge of the game.

Coach Randy Dase – randydase1@gmail.com

Girls Soccer

August 11th, 12th, 13th, 14th, 16th, 8:00-10:00

Location: Turf Field

Equipment Needed: Shin guards, soccer cleats, running shoes, and water. All freshman or new players should wear a white t-shirt with their last name written on the back.

Expectations: Players must be dressed and ready to start at 8am, please arrive 10 minutes early to check-in with coaches.

Coach Lauren Hanley - lhaley@bcps.org

Football

August 11th-13th, 2:30-4:30

August 14th, 8:00-10:00

August 16th-20th, 2:30-4:30

Location: Turf Field

Equipment: Helmet, practice jersey, and cleats.

Expectations for the first couple days of practice is going to be the evaluation process. As we do not traditionally cut players there will be an emphasis on practice participation.

Coach Kelly Bryant - Kelly.coley.bryant@gmail.com, 667-201-0622

Cheerleading

August 17th-21st, 12:00-2:00

Location: Activity Room

Equipment Needed: Cheer Shorts, Cheer Shoes, water bottle

Expectations: Positive attitude, school spirit, basic knowledge of cheerleading sideline and competition. Tryouts will consist of cheers, dance, 8-counts, jumps, stunting, tumbling (basic and advance), voice projection, and school spirit.

Coach Courtney Jacobs - kjacobs@bcps.org

Cross Country

August 16th-20th 8:30-10:30

Location: Senior Café Patio

Equipment Needed: Athletes should bring to practice at least 2 liter/quarts of water in their own water bottle(s), running shoes, socks, shorts, and t-shirt.

Expectations: All athletes should have completed the summer training program. Time trial/fitness assessment will happen during practice on August 18th

Contact information: Cross Country/Track Schoology Group
Coach Gil Stange - gstange@bcps.org, Coach Linda McShane - lmcshane3@bcps.org

Volleyball

August 11th-14th & 16th-20th

Varsity-11th & 12th grade-1:30-4:00

JV-9th and 10th grade-4:30-6:30

Location: Gymnasium

Equipment Needed: Knee pads & water bottle

Expectations: [Fall 2021 Volleyball Info](#)

Coach Sarah Nugent - snugent@bcps.org